

YEAR 11 PSHCE SCHEME OF WORK 2025-26

TOPIC	OBJECTIVES/KEY QUESTIONS/ACTIVITIES
Introduction to Careers, Work Experience and Unifrog	<p>Introduction to PSHCE curriculum; establish ground rules; support and Well-Being at HBS; PSHCE handbook</p> <p>Overview of careers research: understanding what steps to take at different stages</p> <p>Introduction to work experience: understanding the purpose and how to research placements</p> <p>Explore relevant features of Unifrog</p>
Work Experience and Careers	<p>Understand expectations in relation to communication in securing a placement</p> <p>Understand components of CV and covering letters and create own</p> <p>Understand the ingredients and importance of proper conduct during their work experience placement</p> <p>Understand basic employment rights including the national minimum wage, sick leave and pay, holiday leave and pay, part-time rights and maternity pay</p> <p>Understand what discrimination and harassment are in the context of work</p> <p>Practise interview skills</p>
Discrimination: Hemisphere training	<p>Racial literacy training – programme from Hemisphere</p>
Sex and Relationships	<p>Explore how society creates expectations about relationships</p> <p>Identifying and managing risks of sex, including issues of consent</p>

YEAR 11 PSHCE SCHEME OF WORK 2025-26

Attitudes in Society	<p>Explore how society creates expectations of our behaviour, in particular based on our gender and sexuality</p> <p>Challenge assumptions and stereotypes</p> <p>Understand the role that the law can play in promoting tolerance and respect and the link between law and morality</p>
Alcohol: Drinking Responsibly	<p>Understand the risks of drinking alcohol and know the legal limits</p> <p>Explore strategies to minimise risk</p>
Mental Health: dealing with anxiety	<p>Practical coping strategies to manage anxiety</p>
Law and Morality	<p>Understand what the rule of law is and identify how the law impacts our day-to-day lives</p> <p>Examine who has the power to make and change laws in the UK</p>
Finance: Money and work	<p>Understand the key information on a payslip</p> <p>Understand basic principles of income tax, national insurance, student loans</p>
Budgeting activity	<p>Practical exercise to develop skills of budgeting and planning</p>
Critical thinking	<p>Understand emotional and rational elements to the brain and some of the key mental heuristics which can distort our thinking</p> <p>Understand and identify different types of argument and potential flaws</p> <p>Evaluate written and spoken arguments</p>
Media and Propaganda – Stand Up Education (external-run workshop)	<p>Explore different forms of media and concepts of free speech and hate speech</p> <p>Understanding terms (immigration, migration and refugees) and their portrayal in the media</p> <p>Use of media and platforms for hatred against religious groups and positive use of media platforms</p>

YEAR 11 PSHCE SCHEME OF WORK 2025-26

Extremism, Terrorism and Radicalisation	<p>Explore meaning of terms: radicalisation, extremism, terrorism</p> <p>Explore reasons why and how people can be drawn into extremism and ways to build resilience to extremist views</p> <p>Understand what is meant by terrorism and different terrorist groups</p> <p>Explore the many ways in which protests are made and the similarities and differences to terrorism</p> <p>Understand factors and process of radicalisation and ways in which people can act to protect against this</p>
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